

Polk County Resources



Non-Emergency

515-288-0818

Crisis

9-1-1



24-Hour Crisis Line

- Call 855-581-8111 or 9-8-8
- The 24-hour crisis line is available to anyone experiencing a mental health crisis. All calls are free, confidential, and have a trained professional on the other end.

23-Hour Crisis Observation

- Visit 1801 Hickman Rd. or call 515-282-5742
- Crisis Observation is available to any adult over 18 years of age who is experiencing psychological or psychiatric stress that does not require hospitalization.

Mobile Crisis

- Call 9-1-1
- These teams are staffed with professionals who are trained to help anyone in crisis, from children and teenagers to adults and can assist law enforcement on mental health-related emergency calls.

Community-Based Crisis Stabilization

- Call 515-288-0818
- Community-Based Crisis Stabilization provides supports to individuals and families in their own home with therapy and skill building services designed to meet the individual's immediate needs.

Residential-Based Crisis Stabilization

- Children: Call 515-288-0818
- Adults: Visit 23-Hour Crisis Observation at 1801 Hickman Rd.
- Residential Based Crisis Stabilization provides a safe space outside of the home for individuals and families to access therapy and skill building services designed to meet the individual's immediate needs.

Mental Health Commitment

- Visit Clerk of Court at 222 5th Ave
- If a person is unwilling to seek treatment for themselves, family, friends, and caregivers may start a court proceeding for an involuntary commitment of an individual with a serious mental illness.